



THE SPA

MOUNT WASHINGTON SWEDISH MASSAGE

A favorite of those new to receiving massage as well as those seeking pure relaxation, Swedish Massage uses long, gliding strokes and light to medium pressure to ease the body and mind. (60 Minutes, \$150)

DEEP TISSUE MASSAGE

This corrective and therapeutic massage uses expert application of deep pressure to focus on deeper layers of muscle tissue and “knots”, perfect for those with chronic muscle tension. (60 Minutes, \$170)

HOT STONE MASSAGE

This classic technique uses the penetrating energy of warm basalt stones to help the body relax and dissolve stress. (60 Minutes, \$170)

MOTHER-TO-BE MASSAGE

This massage relieves body tension and stress by focusing on the neck, back and weight-bearing joints. (60 Minutes, \$150) *Please note: Massage can only be done past the thirteenth week of pregnancy and it is NOT recommended for those women experiencing a high-risk pregnancy.*

MOUNT WASHINGTON SIGNATURE FACIAL

More than just a facial... the perfect balance between total relaxation and results. Our expert estheticians thoughtfully address your skin's specific needs while crafting an atmosphere of total relaxation, allowing you to float away. (60 Minutes, \$150)

CLASSIC MANICURE

Your hands will be treated to an exfoliation using a shea butter body polish and a tension relieving massage using a penetrating moisturizer infused with the aroma of your choosing. Add color with a classic polish application, or choose our “back to basics” option, which finishes with a deep hydration treatment and buffing. (60 Minutes, \$65)

GEL UPGRADE TO CLASSIC MANICURE

Please inform us at time of booking if gel removal is also needed so we may allot additional time. (Gel Manicure \$75, Gel Manicure with Gel removal \$85)

CLASSIC PEDICURE

Soothe your feet with a relaxing footbath soak, foot and lower leg exfoliation with a shea butter body polish and a tension relieving massage using a penetrating moisturizer infused with the aroma of your choosing. Finish your look with classic nail polish or a high-gloss buff. (60 Minutes, \$80)

Additional Notes:

Spa Hours are Thursday, Friday and Saturday 10:00 AM to 5:30 PM, Sunday 9:00 AM to 4:30 PM.

20% Gratuity will automatically be added to all services.

Room number or credit card needed at time of booking; cash cannot be accepted.

Per New Hampshire State Re-Opening Guidelines:

- All common areas, lounges and locker rooms are closed
- Guests are required to wait outside Spa doors until asked to enter the Spa at the time of their service and to leave immediately following their service
- Guests are required to have their temperature taken as well as complete a health survey prior to entering the Spa
- Guests will be required to wear masks while in the Spa
- No food or drinks will be served in the Spa

To book, please call 603-278-4286 or email mwspace@omnihotels.com